

Canteen Menu

***** Full Menu and Savings available online - sign up at www.ouronlinecanteen.com.au *****

Recess Items

Turkish Bread -	Muffins (with or without sauce)	UP & Go's \$2.00	Flavoured Milks \$2.00
Garlics \$1.00	HCM (ham Cheese Muffin) \$2.00	Vanilla	Chocolate
Garlic Cheesie \$1.00	HEM (Ham Egg Muffin) \$2.50	Banana	Choc Mint
Cheesie \$1.00	HECM (Ham Egg Cheese Muffin) \$3.00	Chocolate	Strawberry
	ECM (Egg Cheese Muffin) \$2.50	Strawberry	Banana

LUNCH SPECIALS - Only Available on the days stated (Amber Rating)

WEDNESDAY	Hot Dog w/Sauce \$3.00
	Beef or Chicken burgers with lettuce \$4.50
	Cheese Burger \$4.50 (Add Sauce/Mayo for Free on burgers)
THURSDAY & FRIDAYS	CT or Chilli CT Wrap (Chicken Tender wrap) w/Lettuce \$3.80
	Beef Pie \$ 3.50 2 Ct's or Chilli Ct's \$3.50
	Sausage Roll \$ 3.20 2 Party Pies \$2.20
	Nuggets \$ 3.50 Sauce (Sachet) \$0.30

Every Day HOT lunch items

(Available every day - Green Traffic Light rating)	
Spag Bolognaise or Macaroni Cheese	\$3.50
Fried Rice	\$3.50
Hot Chicken Roll with Mayo	\$3.50
Burgers (chicken or Beef) w/Full Salad	\$5.00
Ct Wraps (Chilli or plain) full salad	\$4.50
(Add mayo or sauce to wraps and burgers) Free	

DRINKS & TREATS

(Lunch Only- Amber Rating)	
LOL	\$2.00
Up & Go	\$2.00
Juice Box	\$2.00
Flavoured Milk	\$2.00
Crisps	\$1.50
Ice-creams	\$2.00

Every Day COLD Lunch Items

SANDWICHES, ROLLS, WRAPS and SALADS TRAYS

(Available every day - Green Traffic Light Rating)

	Sandwich	Roll	Wrap		Small Salad Tray	Medium	Large																					
Egg	\$3.00	\$3.50	\$3.50		\$3.30	\$4.30	\$5.30	add: <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>tomato</td> <td>\$0.50</td> <td>beetroot</td> <td>\$0.50</td> </tr> <tr> <td>carrot</td> <td>\$0.50</td> <td>cheese</td> <td>\$0.50</td> </tr> <tr> <td>cucumber</td> <td>\$0.50</td> <td></td> <td></td> </tr> <tr> <td>lettuce</td> <td>\$0.50</td> <td>mayo.</td> <td>free</td> </tr> <tr> <td>Full Salad</td> <td>\$1.50</td> <td></td> <td></td> </tr> </table>	tomato	\$0.50	beetroot	\$0.50	carrot	\$0.50	cheese	\$0.50	cucumber	\$0.50			lettuce	\$0.50	mayo.	free	Full Salad	\$1.50		
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Curried Egg	\$3.00	\$3.50	\$3.50		\$3.30	\$4.30	\$5.30																					
Chicken	\$3.00	\$3.50	\$3.50		\$3.30	\$4.30	\$5.30																					
Ham	\$3.00	\$3.50	\$3.50		\$3.30	\$4.30	\$5.00																					
Salad	\$3.00	\$3.50	\$3.50		\$1.80	\$2.80	\$3.80																					
Tuna	\$3.00	\$3.50	\$3.50		\$3.30	\$4.30	\$5.30																					
Cheese	\$2.50	\$3.00	\$3.00		\$2.30	\$3.30	\$4.30																					

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