



Dear parent,

We all know the importance of a nourishing lunch to fuel a child's day, which is why we are excited to announce we are introducing Subway® Days at our school this term.

- Wednesday - Thursday - Friday

Here are the key things you need to know about Subway® Days:

- ✔ Convenient and affordable solution to promoting healthy eating to our students
- ✔ Simple to order and pay via the QuickCliq website
- ✔ Offers choice and variety with a taste that kids will love
- ✔ Contributes to a child's daily recommended serves of veggies

When Will The Subway® Days Start?

From Wednesday 24th July we will have fixed Subway® Days every Wednesday, Thursday and Friday.

What's on the menu?

Choose from our freshly baked white or 9 grain wheat bread or a Tortilla Wrap. Optional Salads - Cheddar Cheese, Lettuce, Tomato, Cucumber and Carrot. Sauces available - Tomato Sauce, Mayonnaise, Honey Mustard

Subway Six Inch® Sub - Sub Only

Chicken Strips 1170kJ

Ham 1090kJ

Turkey 1060kJ

Veggie Delite® 883kJ

Energy values refer to sub prepared on white bread.

If your children have allergies or other special dietary requirements, please contact Subway® Midland Gate on (08) 9250 2622 or visit www.subway.com.au

What's the cost?

\$5.50 6" Sub

\$7.70 12" Sub



How do you order for Subway® Days?

Go to www.Quickcliq.com.au

1. Login to your QuickCliq account
2. Click on the 'Meal Order' button and select your child, date and Subway choices
3. Pay and place order

Please be aware that your Subway order cut off time is 9.00am.
Should you have any queries over the Subway Days please contact:
School Administration on 9294 5500

If you need any assistance ordering online, please contact QuickCliq
1300 11 66 37 or info@quickcliq.com.au

Regards,
St Anthony's School

